



## **Welcome and Thank You!**

Thank you for choosing to volunteer your organization's time at Women In Need Society. Volunteers mean so much to us because you help us expand the amount of work we can do and therefore help us further our mission which is "helping women and their families help themselves". You are helping support women and their families to realise a better life!

## **Group Volunteering**

**Description:** Your team will be sorting goods at our Donation Centre.

**Goal:** To ensure that the Donation Centre is stocked with quality reusable clothing and household items for distribution to each of our five thrift stores.

**Results:** Volunteer groups such as yours sort through hundreds of bags and boxes during your shift. About 20% of the items you'll sort through will go directly to our Free Goods Referral Program – helping women and their families get set up with the basic needs they require. The remainder of the items are sold through our thrift stores, with revenues supporting WINS and the programs and services we offer to women in need. Our thrift stores also provide a budget-friendly alternative for Calgarians to shop for quality, affordable items.

**Available Shifts:** Monday-Saturday, 9am-12noon and 1-4pm. Alternative accommodations can be arranged by contacting WINS at 403-255-5102 or emailing [volunteer@womeninneed.net](mailto:volunteer@womeninneed.net). We are in greatest need of group volunteers during the spring (Feb-Jun) and fall (Sep-Oct).

**Group Size:** We can accommodate groups up to a maximum of 30 people per shift.

## **Donation Centre Address**

Unit 128, 1220 – 28 St. NE (directions attached)

If you get lost on your way to the Donation Centre please call 403-255-5012 ext. 227

## **Parking**

You may park your vehicle in any of the "Reserved for WINS" stalls in front of our building. There is overflow parking available on the NE side of the complex. Since parking is limited please consider carpooling.

## **What to Wear**

Please wear closed toe shoes for protection. Comfortable clothing is best as you will be standing and sorting through boxes and bags. You may also wish to dress in layers as the warehouse can sometime get cold. WINS will provide all other necessary equipment for your volunteer activities.

## **What to Bring**

Please bring your own water bottle – you can refill them from our large water cooler available on-site. You may also wish to bring snacks and/or order in lunch for your group (if appropriate). You will have access to a secure room where you can leave your personal belongings.

## **Orientation**

Upon arrival, your group will have the opportunity to view a video about WINS and you'll receive a facility tour and an orientation explaining the volunteer tasks. A WINS representative will be at the Donation Centre during your shift that will be able to answer any questions that may arise.

Photos may be taken during the day of your group and we can arrange for a group photo.

Feel free to share your photos with us! We can be found at:

Facebook: WINSCalgary

Twitter: @winsyyc

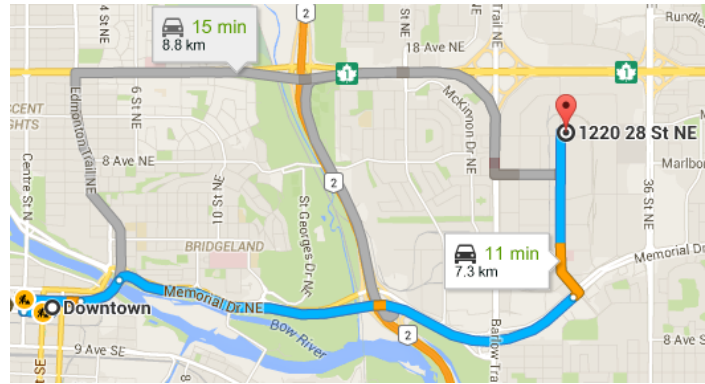
Instagram: winsyyc

**Thank You for supporting Women In Need Society!**

**Directions to Women In Need Society Donation Centre**  
**Unit 128, 1220 28 Street NE T2A 6A2**  
**If you get lost please call 403-255-5012 ext. 227**

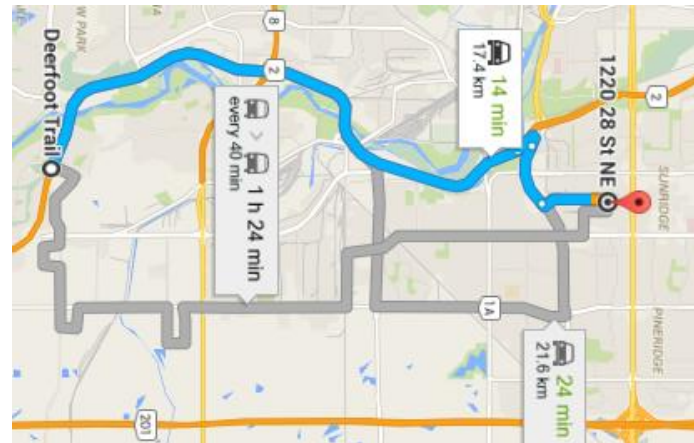
**From Downtown Calgary**

- Head west on 6 Ave SE West toward 1 St SE South
- Turn right at the 2nd cross street onto Centre St South
- Turn right at the 1st cross street onto 5 Ave SE
- Continue straight onto 5 Ave SE North
- Use the right 2 lanes to turn right onto Memorial Dr NE
- Use the left 2 lanes to turn left onto 28 St NE



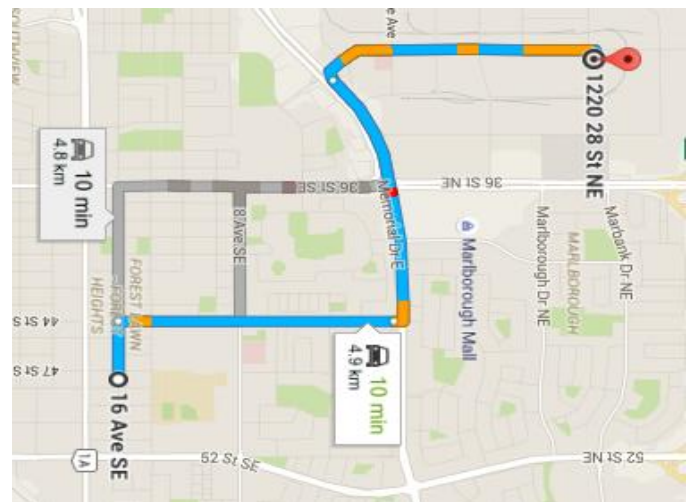
**From Deerfoot Trail South**

- Drive west on AB-2 N
- Use the right 2 lanes to take exit 256 for Memorial Drive E
- Merge onto Memorial Dr E
- Use the left 2 lanes to turn left onto 28 St NE



**From 16 Ave South East**

- Drive west on 16 Ave SE toward 47 St SE
- Turn right onto 36 St SE
- Slight left toward Memorial Dr E
- Use any lane to turn left onto Memorial Dr E
- Turn right onto 28 St NE



**Who does WINS help?** We help women and their families in Calgary and surrounding area. Last year we supported over 17,000 individuals – women, men and children.

Women In Need Society (WINS) helps women and their families in a variety of ways:

- **Free Goods Referral Program (FGRP):** Through this program women are able to access basic items they need such as clothing, furniture and household items. Basic needs such as this are important to gain stability, security and autonomy.
- **Family Resource Centres (FRP's):** We operate 4 Family Resource Centres located throughout Calgary that are a hub for families to connect with others who are experiencing similar life experiences or challenges. We run programs that build community, help with English skills, and assist in pre-employment.

**How many locations does WINS have?** WINS has 5 thrift store locations:

Richmond: 2907 Richmond Rd. SW

Bowness: 6432 Bowness Rd. NW

Dover: 3525 – 26 Ave. SE

Fisher Park: 134 – 71 Ave. SE

Macleod Plaza: 32, 180 – 94 Ave. SE

All 5 stores accept donations of clothing and small household goods, while the Dover and Macleod Plaza stores also accept donations of furniture.

WINS offers a free pickup service for large donations by calling 403-252-3826 or online at [womeninneed.net](http://womeninneed.net).

**What are we most in need of for donations?** We accept gently used clothing for women, men and children, household goods and furniture. Our wish list is:

- Pots, pans and dishes
- Tables and chairs
- Dressers
- Sofas and loveseats
- Mattresses
- Ladies clothing – all sizes and types
- Clothing for youth aged 7 – 14
- Linens (sheets, towels, blankets)
- Microwaves

**How can people help WINS?** You can volunteer, either with a work group or individually. We have volunteer opportunities at the Donation Centre, at our five thrift stores and at special events held throughout the year.

We are always in need of gently used clothing, furniture and household items. These can be donated at our stores or we offer a free pick up service for larger donations.

You can also help out by making a monetary donation to WINS. Consider becoming a monthly donor.

Another fun way to help out is by hosting a donation drive at your work, at your kid's school, your church or just by involving a bunch of family and friends. For more info you can visit our website at [womeninneed.net](http://womeninneed.net).

**Thank you for your support!**